



# INDIANA FIRST STEPS EARLY INTERVENTION SYSTEM FAMILY INTERVIEW

State Form 51313 (R2 / 2-07) / BCD 0090



Name of child	Date of birth (month, day, year)
Child and family First Steps ID Number	
County of residence	
Name of Service Coordinator	Telephone number (      )
Date (month, day, year)	

One goal of First Steps is to **help families** to:

- **work with the First Steps team to support their child's development;**
- **know their rights and be strong advocates for their child and family;**
- **keep their child and other family members safe and healthy;** and
- **connect to other families and community associations in times of emotional need.**

Another important goal of First Steps is for **children to participate and be fully included in everyday activities, settings, and routines in the home and community**. Federal and state law requires early intervention services to be provided in *natural environments*, those everyday activities, settings, and routines. Some of the questions provide a summary of the child's participation in home and community settings, and where early intervention services can logically take place.

To meet these goals, we need to complete the following interview. This family interview will assist First Steps in identifying the knowledge, skills, and resources the family has or might need. Service Coordinator, please circle the number that the family feels best describes them right now. We know that families with children of different ages are filling out this form with you. Please help the family choose what best describes them at this time.

If the family feels a statement almost describes them, but not quite, circle the number just below the statement. For example, if the statement under 3 almost describes the family you are interviewing, but not quite, circle the 2.

Families, Service Coordinators are able to help you find information and make connections. They coordinate services for you. **The items on this questionnaire do not mean that First Steps will be providing all the services you talk about.**

This information will be gathered by the Service Coordinator. If the Service Coordinator goes to the IFSP meeting, the family may request this document be completed over the phone before the meeting. If the SC cannot attend the IFSP meeting, this must be completed within the first 30 days during a face to face meeting with the family. As a family interview, it is optional and voluntary on the part of the family—it is to be completed and shared only with the family's consent. **This information is confidential.** The information from this interview may assist the IFSP Team to identify needed support and services.

☐ **We have completed this Family Interview with our Service Coordinator.**

Signature of parent or caregiver	Date (month, day, year)
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☐ **We have discussed the Family Interview with our Service Coordinator and have decided not to complete it.**

Signature of parent or caregiver	Date (month, day, year)
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NOTE: Many of the items on this survey were adopted from a survey that was developed by the Early Childhood Outcomes Center with support from the Office of Special Education Programs, U.S. Department of Education.

Name of child	Identification number
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### CHILD DEVELOPMENT

An important outcome of First Steps is for **children to learn important and essential developmental skills**. The questions in this section provide a summary of the child's development and learning. Professionals who assessed the child and have accurate information about the child's development should complete this section. Please respond to all questions as accurately as possible.

**What is the child's current level of development?** With the help of your family's service coordinator, please fill in the blank indicating the child's AEPS test score for each area. If your child still experiences delays in a specific domain, please check if specialized services through First Steps are needed and recommended.

DOMAIN	STATEMENT OF CHILD'S CURRENT LEVEL OF PERFORMANCE <i>(Please provide AEPS scores.)</i>		SPECIALIZED SERVICES ARE NEEDED	
<b>COGNITION</b>	AEPS score		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>PHYSICAL DEVELOPMENT *</b>	Fine AEPS score	Gross AEPS score	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>COMMUNICATION</b>	AEPS score		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>SOCIAL / EMOTIONAL</b>	AEPS score		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>ADAPTIVE</b>	AEPS score		<input type="checkbox"/> Yes	<input type="checkbox"/> No

\*Physical Development is defined as motor skills, vision and hearing.

## FAMILY OUTCOMES SURVEY

### UNDERSTANDING YOUR CHILD'S STRENGTHS, ABILITIES, AND SPECIAL NEEDS

#### 1. Your child is growing and learning. How well do you understand your child's development?

1	2	3	4	5	6	7
We are just beginning to understand our child's development.		We have a basic understanding of our child's development, but still have a lot to learn.		We have a pretty good understanding of our child's development.		We understand our child's development very well.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

#### 2. Some children have special health needs, a disability, or delays in their development. How much do you know about your child's special needs?

1	2	3	4	5	6	7
Right now we do not know very much.		We have learned some things, but still have a lot of unanswered questions.		We know a lot, but still need or want to know more.		We are confident that we know most of what we need to know right now.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

### KNOWING YOUR RIGHTS AND ADVOCATING FOR YOUR CHILD

#### 3. A variety of programs and services may be available for your child and family. Do you know what is available for your child and family?

1	2	3	4	5	6	7
We are just beginning to learn about the programs and services that are available.		We know about some programs and services, but still have a lot to learn.		We think we are aware of most available programs and services.		We are very aware of the programs and services that are available.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

#### 4. Parents often meet with professionals to plan services or activities. How comfortable are you participating in these meetings?

1	2	3	4	5	6	7
Right now we are very uncomfortable participating in meetings.		We are not very comfortable participating in meetings, but we do it anyway.		We are pretty comfortable participating in meetings.		We are very comfortable participating in meetings.

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#### 5. All parents want what is best and needed for their child to help them develop and learn. How well do you feel you can share your child's needs with professionals?

1	2	3	4	5	6	7
We need to feel a lot more comfortable before sharing our child's needs, including asking questions or asking them for help.		We are beginning to feel more comfortable sharing our child's needs and requesting help from professionals.		We can usually share our child's needs and ask our providers for help to meet his or her needs.		We feel very comfortable sharing our child's needs and requesting help from professionals.

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#### 6. Families of children with special needs have rights, and there are things you can do if you are not satisfied. How well do you know your rights and what to do if you are not satisfied?

1	2	3	4	5	6	7
We are not sure about our rights or what to do if we are not satisfied.		We understand our basic rights but are not sure about all of our options if we are not satisfied.		We think we know most of our rights and what to do if we are not satisfied.		We are very aware of our rights and know exactly what to do if we are not satisfied.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

### HELPING YOUR CHILD DEVELOP AND LEARN

#### 7. All parents help their children develop and learn, but sometimes it is hard to know what to do. How would you describe your ability to help your child develop and learn?

1	2	3	4	5	6	7
We need to know a lot more about how to help our child develop and learn.		We know the basics of helping our child develop and learn, but still have many questions.		We feel pretty sure that we know how to help our child develop and learn.		We are very sure that we know how to help our child develop and learn.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

#### 8. All parents try to help their children learn to behave the way they would like, but sometimes it is hard to know what to do. How would you describe your ability to help your child learn to behave the way you would like?

1	2	3	4	5	6	7
We need to know a lot more about how to help our child behave like we want.		We know the basics of helping our child behave, but still have many questions.		We feel pretty sure that we know how to help our child behave.		We are very sure that we know how to help our child behave.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

### HAVING SUPPORT SYSTEMS

#### 9. Many people feel that talking with another person helps them deal with problems or celebrate when good things happen. Does your family have someone you trust to listen and talk with you?

1	2	3	4	5	6	7
Right now, we really don't have anyone we can talk with about the things that are happening in our lives.		We can probably find at least one person we could talk with, but are not very satisfied with the situation.		We usually have other people that we can talk with about things.		There are definitely people in our lives we can talk with whenever we need to.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

### HAVING SUPPORT SYSTEMS (continued)

**10. Families sometimes must rely on other families, associations and community organizations for information, help or for emotional support when they need it. Do you know how to get help if you need or want it?**

1	2	3	4	5	6	7
We usually handle things by ourselves, but would like to know more about other resources.		We know about some community resources we could use, but wouldn't mind more information.		We usually have resources we can use when we need to.		We have access to a variety of friends and community resources, and use them whenever we need to.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

**11. Most families have things they enjoy doing. How much is your family able to do the things you enjoy?**

1	2	3	4	5	6	7
Right now it is really difficult to do any of the things we enjoy.		We are able to participate in some of the things we enjoy, but not nearly as much as we would like.		We are able to participate in many of the activities we enjoy.		We are able to participate in almost all of the activities we enjoy.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

### HEALTHY, SAFE, AND WELL-NOURISHED CHILDREN AND FAMILIES

**12. All children need regular medical care. Do you have the medical care you want for your child right now?**

1	2	3	4	5	6	7
We do not have the medical care we want for our child.		We have some medical care, but still have a long way to go before it is what we want.		We have good medical care for our child.		We have excellent medical care for our child.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

**13. All families want their child to be safe. How safe do you feel your home is for your child?**

1	2	3	4	5	6	7
We are just beginning to learn about things like lead paint, safely storing dangerous items, car seats, smoke detectors and safe sleeping that will help us make our home safe.		We are making changes in our home to make it safer, but still need information and assistance.		We feel our home is safe, but we are not sure if we have done all of the things we could do.		We feel we have done everything to make our home a very safe place for our child.

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**14. Proper nutrition and a well-balanced diet are very important for children to grow up healthy and strong. How well do you feel you provide your child with nutritious meals?**

1	2	3	4	5	6	7
We're not sure that our child is receiving the healthy, nutritious meals he or she needs.		We are learning more about healthy and nutritious foods, but still need information.		We are pretty sure we are providing our child with nutritious meals to keep him/her healthy.		We feel very comfortable that we know what to feed our child, and that his meals are very nutritious.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

### NATURAL ENVIRONMENTS

**15. As children grow older, they are able to take care of their needs and participate more independently at home, such as feeding themselves at meal times, dressing themselves when they wake up, moving around the house, and playing by themselves. Taking your child's age into account, how well do you feel your child is able to independently participate in these daily routines at home?**

1	2	3	4	5	6	7
Our child is an infant and is just learning how to do these things. <b>OR</b> Our child needs total assistance.		Our child is becoming more independent, but due to his or her age or special needs, still needs a lot of help.		Our child's independence is growing, but he or she still needs some help with things other children the same age are doing.		Our child is doing all the things a child his or her age should be doing.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

**16. Many families have a need for quality childcare. By this, we do not mean occasional babysitting, but regular childcare, either part-day or full-day. How would you describe the childcare you have for your child right now?**

☐ CHECK HERE IF YOU HAVE NOT WANTED CHILD CARE, AND GO TO QUESTION 17.

1	2	3	4	5	6	7
We don't have the childcare we want. <b>OR</b> Because of our child's special needs we have decided not to look for it.		We have adequate childcare, but still have a way to go before it is what we want.		We are satisfied with our childcare, but would like to explore other possibilities.		We have excellent childcare for our child.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

**17. Many families want their child to play with other children or participate in religious, community, or social activities. How would you describe your child's participation in these activities right now?**

☐ CHECK HERE IF YOU HAVE NOT WANTED YOUR CHILD TO PARTICIPATE IN SUCH ACTIVITIES, AND GO TO QUESTION 18.

1	2	3	4	5	6	7
Right now our child does not participate in activities we want. <b>OR</b> Because of our child's special needs, we have decided not to look for it.		Our child participates in some social or community activities, but we have a way to go before it is what we want.		Our child participates in many social or community activities, but we would like to do more.		Our child has excellent participation in social or community activities.

☐ This is something I would like to have written into my IFSP as an outcome for our family.

**18. Families need to be able to do things in the community such as shopping, visiting friends or relatives, going out to eat. How well is your family able to do these things?**

1	2	3	4	5	6	7
We would like to be able to take our child with us when we go out, but right now it is very difficult.		We are able to do some things as a family, but we would like to find ways to make it easier for all of us.		We are able to do most of the things we would like to do, but occasionally find it difficult to take our child with us.		We take our child with us wherever we need to go.

☐ This is something I would like to have written into my IFSP as an outcome for our family.